

## ABSTRACT

An anchored fiber optic cable and housing assembly. The fiber optic cable includes a strength member and a jacket around the strength member. The anchor is mounted on the cable. The anchor includes an inner sleeve and an outer sleeve. The strength member extends from the end of the cable and is structurally engaged with the anchor. The housing includes an anchor cavity and a cable inlet. The anchor cavity includes a first shoulder for engaging with the anchor. The anchor is mounted in the housing cavity and the cable extends through the cable inlet. The anchor cavity shoulder is engaged with the anchor to prevent the anchor from exiting the housing through the cable inlet. An anchored cable is also described, as are methods for anchoring the cable and for mounting the anchored cable in the housing. The fiber optic cable may include an optical fiber.